The Saint Paul Public Housing Agency (PHA) Residents Participated in the Nice Ride Neighborhood Program

Twenty public housing residents participated in the Nice Ride Neighborhood Program offered through Nice Ride MN. Thirteen residents (and counting) completed the program successfully. The Nice Ride Neighborhood Program focuses on getting people committed to experience an active lifestyle with friends and neighbors.

As participants of the Nice Ride Neighborhood Program, residents are committed to the following:

- Participate in orientation and at least four events
- Ride at least twice a week
- Store bike in a safe place and use bike lock
- Return bike in October
- Share contact information with other participants
- Share feedback and comments to improve program

Participants who successfully completed the program received a $200 coupon to Cycles for Change towards a new bike or a reconditioned used bike!

Nice Ride MN provided the PHA with two Bike Fixtations (bike stations) at the Mt. Airy Community Center and the Roosevelt Community Center so residents can use the stations to fix their bikes.